

PEZULA

WELLNESS QUARTER

Wellness Menu

MINT BERRY SMOOTHIE | R70

A blend of frozen banana, mixed berries, fresh mint and chia seeds for a nourishing boost of antioxidants, vitamins, and omega-3s.

MUESLI, FRUIT & YOGHURT | R80

Layers of creamy yoghurt, cinnamon granola, and fresh seasonal fruit for a wholesome and satisfying treat.

FRESH FRUIT PLATTER | R70

A delightful assortment of freshly sliced seasonal fruit.

Beverages

SIGNATURE MINT ICE TEA | R35

FRESH SEASONAL JUICE | R35

SPECIALITY TEA | R30

Ginger Lemon Infusion, Berry Infusion, Masala Chai, Chamomile, Rooibos

SPECIALITY COFFEE | R35

Americano, Cappuccino, Café Latte

SIGNATURE MINT GIN COCKTAIL | R70

Knysna gin, elderflower liqueur, cucumber, mint, limes and soda water.

SIGNATURE MINT MOCKTAIL | R60

Elderflower liqueur, cucumber, mint, limes and soda water.

Served Between 9:00 & 18:00 Daily

Curated by

mint wellness
Inspire. Reward. Spoil.